



Ethics in Public Governance

- *Electronic News Magazine of IC Centre for Governance, for private circulation only*

Ethics

Integrity

Excellence

Volume XII, No. 3

March 2024

History reveals two Big-universal dreams, viz. 'political Empire' and 'religious Empire'!
Continuous splitting up of nations & religion into sects, sub-sects really Preserves Unity!
Unity in Diversity is the law of nature – Unity therefore, is not destruction but a multiplication of
nations & sects until each individual is a sect unto himself!
Unity, Rtm, Order, will come by the fusion of all humanity into one grand philosophy;
Acceptance of the idea, that though individuals are separate,

We're all moving to 'Re-gain & Re-unite', thru' our respective 'Religion & Yoga',
Realization of our Oneness with whole world as our family, thru' striving to
Imbibe Commitment to Righteousness, Selfless Work as Service of God in man and all Creation!

India that is Bharat alone stands in the present, but opens itself to the infinite future.
We take in all that has been in the past; enjoy the light of the present; and open every window of the
heart for all that will come in the future.

Salutation to all Prophets and Preachers of the past, to all great ones of Present and Future!
Life is a lesson towards Rtm, Order, Oneness: Individual-Wife-Family-Tribe-Creation!

1. ICCfG Happenings

1.1 Grateful thanks to our esteemed member, Mr. & Mrs. Anil Chowdhry, for hosting our weekly Thursday ICCfG Core Group Meeting of March 07, 2024 at the beautiful Rock Garden of S Block GK-II Park which is lovingly nurtured by the residents. We had a fantastic time; the food was absolutely delicious, and everyone thoroughly enjoyed the insightful discussions and/as there were no official issues allowed. Looking forward to the next gathering!



<https://www.facebook.com/share/p/YhGLUpPbZUM4E9C7/?mibextid=CDWPTG>

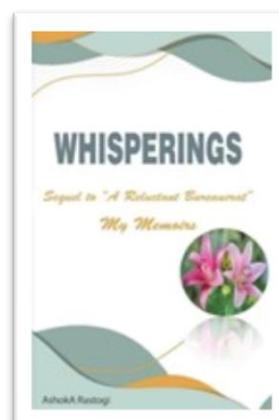
1.2 Vinod Maurya asks, 'Are you passionate about governance and eager to stay updated on the latest trends and discussions in the field? Look no further! Join our IC Centre for Governance WhatsApp channel to stay in the loop and receive exclusive invitations to participate in activities related to governance topics. Whether you're interested in policy discussions, governance frameworks, or simply want to engage with like-minded individuals, our channel is the perfect platform for you. We look forward to welcoming you! To join, simply click on the link below and hit 'Join':

<https://whatsapp.com/channel/0029VaEDoms9xVJkPfDw2h2B>



Vinod also introduced ICCfG's brand new logo (above), representing our dedication to innovation, growth, and commitment to improving our services and striving for excellence in all aspects.

1.3 ICCfG Core Group Meeting, March 14, 2024: Sh. Ashoka Rastogi, our esteemed member, shared his deep spiritual insights, what he called the "Romance of Inner Connection", as he delved into his book, "Whisperings," which explores his journey of inner conversation, transformation, and divine guidance. To him, whispering is the sound of conscience and has become a regular channel of communication to seek and receive guidance from the Supreme Being. His message of spreading cheer and confidence resonated deeply with all of us. He presented his book to our president, Shri Prabhat Kumar.



The book is now available at <https://amzn.to/3ThYfA7>

1.4 ICCfG Core Group Meeting, Thursday, March 21, 2024, discussed general ongoing important issues of public governance, education system etc. and upcoming activities of the Centre. And celebrated the marriage anniversary of Shri IPS Anand, a member of the Core Group.



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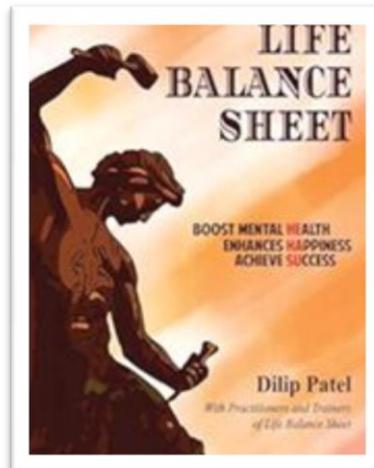
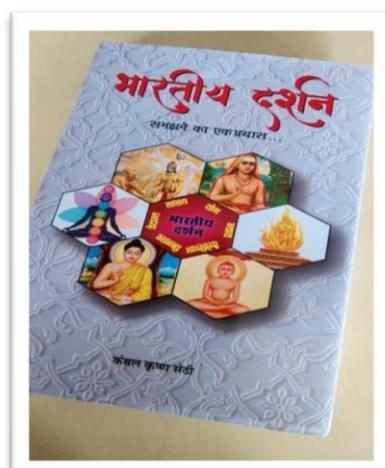


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1.5 ICCfG Core Group Meeting, March 28, 2024: We were privileged to have Dr. Prabhat Kumar, a distinguished member of our Core Group, sharing his invaluable insights on 'Recruitment in Civil Services' during his enlightening presentation on March 28, 2024, which led to a very interactive discussions on ways to enhance the recruitment process to ensure the selection of the finest candidates, which of course continues.

1.6 Shri KK Sethi, our esteemed Core Group member, gifted his new book 'भारतीयदर्शन' to the Core Group members of ICCfG. We extend our grateful thanks to Shri KK Sethi for sharing his insightful work with us.

1.7 Sh. Dilip Patel our esteemed member is our expert on Inner Governance practices and his presentations on how to live a balanced life, are our USP. To share his insights he has now published the book "Life Balance Sheet". It brings clarity and direction to make course correction. It is a simple and elegant tool which helps us find that balance in our life which is important to gain inner peace and achieve meaningful and sustainable success.



The book is now available at <https://amzn.to/3VsNNHz>

2. Reflections

Let what comes, come. Let what goes, go. See what remains - Ramana Maharishi

2.1 Reflections of a Leftist Activists:

KobadGhandy, a Parsi, who was imprisoned in Tihar Jail, from 2009 to 2019; graduated from the Doon school, went on to UK for CA; turned to Leftist activism of communist/Mao groups for four decades and worked with the poor, Dalits, Adivasis. He read extensively in the Jail and asks and reflects: 'So, where did we and communism go wrong?

Of course, from ancient past we all seek happiness, freedom, good values as we shift from tribal to individual freedom. 5000 years ago, Tao Te Ching said, "Embrace Simplicity ... be content with what you have and are, and no one can despair you", i.e. avoid greed.

Marx also says Simplicity is his most admired value. Similarly, Happiness is not pleasure, which ends whereas happiness is a continuous never ending crisis of destroying pain and suffering both physical and mental.

Charvaka's Materialism of 7th century BC denies God but sought happiness. They believe in Direct Perception and reject supernaturalism which religions believe in. Charvaka says What cannot be perceived and understood by the sense doesn't exist. All that exists are the observable elements of Air, earth, fire, water. Pleasure is ultimate good in life. Pursuing Pleasure and avoiding pain is sole purpose of life.

Religions is an invitation of the strong and Clever who prey on the weak.

Aristotle said, Happiness is not a natural state of mind. We've to strive and make a conscious effort to achieve happiness. It is not a means but an end in itself.

Utopia written in 1535 looks for heaven on earth

Panchtantra tales of wisdom written 2300 years ago need to be taught along with Buddha's Jataka tales of 600 BC, Aesop's and many others are a rich storehouse to promote good values and is a neglected sphere even among communists.

Democracy and Freedom was also referred to by Prophet Zarathustra 1500 BC when he says, " With an open mind, seek and listen to all the ideals. Consider the most enlightened thoughts, then choose your path. Person by person, each for oneself.

Turn yourself not away from the three best thoughts: Good Thoughts, Good Words, Good deeds - in Parsi as "Manasahani, Gavshani, Kuvshani".

Marx shows how capitalist production process itself alienates man from his product and also from other men in West promoting individual freedom. Without similar industrial revolution in India, caste and feudal and clan systems prevail. ... only those with Western mindset have come out of prejudicial tendencies.

Not just Freedom from wants, political/government or from autocracy vs democracy, but Freedom in all spheres of human existence in our daily interactions with people, family, friends, organization to power. In fact, first and foremost starting with freedom for oneself.

Thoughts for future? Why has communism failed? Why did Masses choose free market over real freedom?

Reason perhaps is that it wasn't linked to good values and goal of happiness with economic agenda. Freedom has to start from within oneself, naturalness, straightforwardness, respect of dissenting views while being firm on our own and, intolerance of injustices and lack of ego as a leader.

These Values he learnt were personified by his wife Anu, a professor. Together they had decided to work full time for society and as per the then norms of their group, decided not to have any children (had vasectomy).

Good Values are not new but they remain a dream. Marxism sought to do all this but got lost in politics of power from back seat to front seat and the utopia of freedom happiness and good values got lost!

Marx sees, communism as a fully developed naturalism humanism and a true solution of conflict between... freedom and necessity...individual and species... a solution to the riddle of history.

Fighting inequalities is practical, not esoteric. Faith itself comes from allowing each to flower and not causing alienation and allowing social Interactions without negatives in organization and personal matters. Mostly leaders become autocratic, arrogant, corrupt. Conflicts, discussions, lead to unity; we should listen to dissents without biases.

We need to build a new order and organization based on Happiness, Freedom, good values.

2.2 Jaisi Drishti vaisi Srishti' – “the world is only as ‘I, You, we’ mentally project it to be” & Importance of Repetition of Holy Name, Nam-Japa to “SEE ONENESS”.

We all “see”, perceive, the world and judge it only based on all our respective past memories and prejudices stored in our respective Minds. This understanding and clarity should lead to the realization that our external behaviour cannot really change to become our swabhava, (inherent nature and character) easily; in fact, it is extremely difficult and is a lifelong process. And we have to learn to strive daily and continuously thru' self-development practices to improve the Quality of our Thoughts embedded deeply in our Mind, collectively called my samskaras, quality/attributes of Mind, mindset, mentality, attitudes, outlook, approach.

Our samskaras and intentions manifest as various shades and grades of our external character and behaviour! And people judge and classify people, based on their ‘perceptions’ of our behaviour, as predominantly Sattvic, Rajasic, Tamasic – good/calm, Active/average, bad/inert”.

Another important realization is that this external world has no independent existence - at once a very simple yet a very profound esoteric vedantic wisdom, that the whole Creation is only our Projection based on our respective Mind!

I may not always have the power to change other people and the world, but I always have the choice and freedom to be good, better, best by changing my worldview, my beliefs, my ideas, my mind so that I may grow towards love, care, concern for all!

What I or We “see” is what my mind, projects and tells me, based on “my past samskaras, worldview” as impressed by me on my mind by my previous thoughts-words-actions! So, it is my “mind” that gives

meanings to external objects, that “I” “SEE” / Perceive with all sense organs! The World out there is nothing but ‘Names, Forms, Shapes’ Perceived/judged by My-mind!

Bible says, Judge Not!! Very profound. Because to Judge I have to come down from our SELF which is ONE with all to my selfish mind with all its individualities! So, Chitta-suddhi is to be attained which implies changing our Samskar of ‘separateness’ which clings to our changing Body-mind-Individuality to Imbibe the Samskara of our ‘Oneness’ thru’ selfless work as service, KYi!

So, the greatest education is to learn how to attain Chitta-suddhi, purity of Mind, i.e. make the mind holier so that it can gradually expand towards love, care concern for more and more! Only a pure, holier mind can perceive, “see” the ‘Kingdom of God within’; help, serve God in man; ‘love thy neighbour as thyself’; ‘be good and see good;

2.3 The great Importance of “Nāma Japa”, “Holy Repetition” in all religions is, because it directly purifies the Mind!

We keep the name of God constantly in our heart/mind, and every time we utter God’s name, a tiny divine vibration will be created, a pure impression will get impressed in the mind. The more we repeat the name in our heart, the more those impressions will purify our mind. In course of time our mind will be holy/purified enough and the divinity within, our Oneness, Selflessness, will be manifest.

The Name and Form are the same, there is no difference between the name of God and God. The name itself will reveal God. And we will be blessed full of bliss at all our times and can work for good of all

Schooling and growing up must help, teach, establish us in Self-development practices to purify the mind. We must explore, discuss, study, reflect: Why does everyone and all religions insist that we all learn to strive towards goodness, righteousness, prayers, worship, ethical conduct, selflessly working and fulfilling our duties, etc.? Because all these lead to purity of mind and thence to selflessness.

Thru’ discussions, reflection during entire ‘Educational process’, teachers and parents must give intellectual conviction in power of goodness. We should ensure that all who Graduate, must be only those who are now convinced that Righteousness and excellence in work and duties, aka Karma Yogi, leads to Chitta-suddhi.

They must be the graduates who strive to purify the Mind, and strive to be a KYi and to “SEE” the whole World as our Family; “SEE” the G20 Global vision of One World, One Family. One Future.

The Problem today is that “I” think “I” am the mind, so “I” listen and do whatsoever My-mind tell me! “I” forget, I also have a will power and “I” Can Control my Mind. Every moment I do have a Choice to act towards the Good or Bad! Of course I will have to build will power, self-control to be able to struggle, repeatedly try!

To overcome the Downwards pull of Past Samskaras, I must Know, be convinced to try. I must **learn** that I AM the SELF / I am Not my Mind/ I am a witness to Thoughts of my Mind so I and my MIND are SEPARATE. Mind is only my instrument of perception, Then I get the inspiration to **strive** to control my-mind!

2.4 Are we witnessing a migration trend?

Why're people who've lived in cities now going back to farm lands?

When Caribbean and African people tell you they are going back to the Village, it evokes a profound sense of returning to one's roots, to a place where life is intertwined with the rhythm of the earth and the community, Rtm, Order with Nature. It speaks of a journey back to a simpler time and place, where the bonds of family and tradition are baked into the very fabric of daily life.

Where life goes at the pace of the sun and crow of the roosters. However, this return is not just a physical travel to a geographical location, rather, it is a spiritual and emotional pilgrimage to reconnect with a heritage rich in culture, history, and ancestral wisdom.

Witty Sarcasm

- #I'd rather change a baby's diaper than have lunch with you.
- #You have a face only a mother could love.
- #Two wrongs do not create a right. Your parents are an example.
- #If laughter is the best medicine, your face must be curing the world.
- #I'd give you a nasty look, but you've already got one.
- #Unless your name is Google, you need to stop acting like you know everything.
- #You have miles to go before you reach mediocre.
- #You are proof God has a sense of humor.
- #Calling you an idiot would be an insult to all stupid people.
- #If I said anything to offend you, it was purely intentional.
- #I've seen people like you before. Of course, I had to pay admission to get access.
- #Were you born on the highway? That is where most accidents happen.
- #You fear success, but you really have nothing to worry about.
- #You're so ugly that when your mom dropped you at school, she got a ticket for littering.
- #If genius skips a generation, your children will be brilliant.
- #Don't be ashamed of who you are. That's your parents' job.
- #If ignorance is bliss, you must be the happiest person on the planet.
- #"No more backbone than a chocolate éclair."
- #The simplicity of your character makes you exquisitely incomprehensible to me."
Oscar Wilde, *The Importance of Being Earnest*
- #You speak an infinite deal of nothing -William Shakespeare, *The Merchant of Venice*
- #If you will forgive me for being personal, I do not like your face.
Agatha Christie, *Murder on the Orient Express*

Please send your comments, suggestions and short articles containing your experiences for publication through email at info.iccfg@gmail.com and Sunil Kumar can be contacted at kumar2sunil@yahoo.com